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2014 2014 2013	Anderson, K., Trevisan, M. Jonsson, K. and Kjellgren, A. Kjellgren, A. and Westman, J. Kjellgren, A., Edebol, H., Norden, T., Norlander, T.	Curing the Sick and Creating Supermen – How Relaxation in Flotation Tanks is Advertised on the Internet Beneficial Effects of Treatment with Sensory Isolation in Flotation tank as a Preventive Health-care Intervention – a Randomized Controlled Pilot Trial Quality of Life with Flotation Therapy for a Person Diagnosed with Attention Deficit Disorder, Atypical Autism, PTSD, Anxiety and Depression The Acute Effects of Flotation Restricted Environmental	European Journal of Integrative Medicine, Vol. 6, Iss. 5, pp. 601-605 BMC Complementary and Alternative Medicine 2014, Vol. 14, pp.417 Open Journal of Medical Psychology, Vol, 2013, Iss. 2, pp. 134-138 Research Article	Sweden Sweden Sweden	Float REST Float REST Float REST				
2013 2012 2011 2011	Morgan, P.M., Salacisnki, A., Stults-Kolehmainen, M.A. Beissner, F. and Marzolff, I. Jacobs, T. Kjellgren, A., Buhrkall, H. and Norlander, T.	Stimulation Technique on Recovery From Maximal Eccentric Exercise Investigation of Acupuncture Sensation Patterns under Sensory Deprivation Using a Geographic Information System The effect of the floatation version of restricted environmental stimulation technique (REST) on Jazz Improvisation Preventing Sick-leave for Sufferers of High Stress-load and Burnout Syndrome: A Pilot Study Combining Psychotherapy and	Journal of Strength and Conditioning Research, Vol. 27, Iss. 12, pp. 3467-3474 Evidence-Based Complementary and Alternative Medicine Volume 2012 Music and Medicine, Vol. 3, Iss. 4, pp. 234-238 International Journal of Psychology and Psychological Therapy, Vol. 11, Iss. 2, pp. Research Article	USA Germany Canada Sweden	Float REST Float REST Float REST Float REST				
2010 2010 2009	Kjellgren, A., Buhrkall, H. and Norlander, T. Lann, M.A., and Martin, A. Edebol, H., Kjellgren, A., Bood, A., and Norlander, T.	the Flotation tank Psychotherapeutic Treatment in Combination with Relaxation in a Flotation Tank: Effects on "Burn-Out Syndrome" An Unusual Death Involving a Sensory Deprivation Tank Enhanced Independence and Quality of Life Through Treatment with Flotation-Restricted Environmental Stimulation Technique of a Patient with both Attention Deficit Hyperactivity Disorder and Aspergers Syndrome: A Case Report	297-306 The Qualitative Report, Vol. 15, Iss. 5, pp. 1243-1269 Journal of Forensic Sciences, Vol. 55, Iss. 6. pp.1638-1640 Cases Journal, Vol. 7, Iss. 2, pp. 69-79 Case Study	Sweden USA Sweden	Float REST Float REST Float REST				
2008 2008 2007	Edebol, H., Bood, A., Bood, S. Norlander, T. Kjellgren, A., Lyden, F. Norlander, T. Åsenlöf, K., Olsson, S., Bood, S. Å., & Norlander, T.	Chronic Whiplash-Associated Disorders and Their Treatment Using Floatation-REST (Restricted Environmental Stimulation Technique) Sensory Isolation in Flotation Tanks: Altered States of Consciousness and Effects on Well-being Case Studies on Fibromyalgia and Burn-out Depression Using Psychotherapy in Combination with Flotation-REST: Personality Development and Increased Well-being	Qualitative Health Research Vol. 18, Iss. 4, pp. 480-488 The Qualitative Report, Vol. 13, Iss. 4, pp. 636-656 Imagination, Cognition and Personality, Vol. 26, Iss. 3, pp. 259-271 Research Article	Sweden Sweden	Float REST Float REST				
2007	Bood, S. Å., Sundequist, U., Kjellgren, A., Nordström, G., & Norlander, T. Bood, S.A.	Bending and Mending the Neurosignature. Frameworks of Influence by Flotation-REST (Restricted Environmental Stimulation Technique) Upon Wellbeing in Patients with Stress Related Ailments Effects of REST(Restricted Environmental Stimulation technique) on Stress Related Muscle Pain: Are 33 Flotation Sessions More Effective than 12 Sessions? Floating Effective for Stress and Pain, Research Suggests	Karlstad University, Karlstad, Sweden Personality and Behaviour, Vol. 35, pp. 143-156 Research Article Science Daily, Iss Nov. 6, 2007 Research Article	Sweden Sweden	Float REST Float REST				
2007	Landström, A., Bood, S.Å., Kjellgren, A., & Norlander, T. Bood, S. Å., Sundequist, U., Norlander, T., Nordström, L., Nordenström, K., Kjellgren, A., et al. Bood, S. Å., Sundequist, U.,	Treating stress related pain in a clinical sample with flotation-REST:A further report on improvementson pain assessed by the Pain Area Inventory (PAI). Eliciting the Relaxation Response with Help of Flotation-REST (Restricted Environmental Stimulation Technique) in Patients with Stress Related Ailments Effects of Flotation-REST (Restricted Environmental Stimulation	Мападеттепт, voi, 13, pp. 154-175	Sweden	Float REST Float REST				
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2003 2003 2003	Kjellgren, A. Kjellgren, A. Norlander, T., Gård, L., Lindholm, L. & Archer, T.	Environmental Stimulation The Experience of Flotation-REST (Restricted Environmental Stimultation Technique): Consciousness, Creativity, Subjective Stress and Pain Relaxation in a Floatation Tank Brings Peace and Quiet, Increased Well-being and Reduced Pain New Age: Exploration of Outlook—On—Life Frameworks From a Phenomenological Perspective	Göteborgs University, Göteborg, Sweden The Swedish Research Council 05.11.2003 Mental Health, Religion, & Culture, Iss. 6, pp. 1-20 Research Article	Sweden Sweden Sweden	Float REST Float REST Alternative Wellness				
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1997 1995 1995 1994	Fine, T.H.; McCormick, B.A.; Shefransky, D.O.; and Turner, J.W. Sakata, S., Shinohara, J., Hori, T. Suedfeld, P. & Eich, E. Forgays, D.G and Forgays, D. K.	Effects of Restricted Environmental Stimulation Therapy on Cortisol, Pain, and Indices of Inflammation in Rheumatoid Arthritics Enhancement of Randomness by Flotation REST (Restricted Environmental Stimulation Technique) Autobiographical Memory and Affect Under Conditions of Reduced Environmental Stimulation The Use of Flotation Isolation to Modify Important Type A Components in Young Adults	Medical College of Ohio, Department of Psychiatry and Department of Physiology. Perceptual and Motor Skills, Vol. 80 Iss. 3 (Pt 1), pp. 999-1010 Journal of Environmental Psychology, Vol. 15, Iss. 4, pp. 321-326 Journal of Environmental Psychology, Vol. 14, Iss. 1, pp. 47-55 Dissertation Research Article	USA Japan Canada USA	Float REST Float REST Float REST Float REST				
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1993 1993 1993	Ballard, E. Barabasz M., Barabasz A. F. & Dyer, R. Barabasz, A. F., Barabasz M., Bauman J.	Insomnia Chamber REST Reduces Alcohol Consumption: 3, 6, 12 and 24 Hour Sessions Restricted Environmental Stimulation Technique Improves Human Performance: Rifle Marksmanship	Developments and Perspectives, pp. 187-203 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 163 - 173 Perceptual and Motor Skills, Vol. 76, pp. 867-873 Research Article Research Article	USA	Chamber REST Dry Float REST				
1993 1993 1993	Barabasz, A., Barabasz, M., Dyer, R. & Rather, N. Barabasz, A.F. & Barabasz, M. Barabasz, A.F. & Barabasz, M.	Effects of Chamber REST, Flotation REST and Relaxation on Transient Mood State Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives REST: A Key Facilitator in the Treatment of Eating Disorders	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 113-120 Springer-Verlag, New York, New York Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. Research Article	USA USA	Chamber REST Float REST, Chamber REST Chamber REST				
1993	Barabasz, A.F. & Barabasz, M. Borrie R., Dana J., Perry S., & Friedman M.	Treatment of Trichotillomania and Smoking with Hypnosis and REST Flotation REST, Physical Therapy and Psychological Intervention in the Treatment of Physical Disabilities	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 145-155 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp.	USA	Chamber REST Float REST				
1993	Brownfield, C. Crawford, H.	Slow REST or Fast Drugs: Meditation or Medication Psychological Comparisons of REST and Hypnosis: Implications for Future Research	289-296 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 101-111 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp.	USA	Float REST, Chamber REST Float REST				
1993	DiRito, D. Dyer, R., Barabasz, A. F. & Barabasz, M.	Motivational Factors in Alcohol Consumption: Extending Hull's Model Twenty-Four Hours of Chamber REST Produces Specific Food Aversions in Obese Females	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 157-162 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 127-144 Research Article	USA	Float REST, Chamber REST Chamber REST				
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1993 1993	Jessen W. Jessen, W. E. Koula, G., Kemp, J., Keane, K.,	The Effects of Consecutive Floats and Their Timing on Premenstrual Syndrome The Effects of Consecutive Floats and their Timing on Premenstrual Syndrome Replication of a Clinical Outcome Study on a Hospital-Based Stress Management and Behavioral Medicine Program Utilizing	Environmental Stimulation: New Developments and Perspectives, pp. 281-288 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 221-228 Recent Research in Psychology: Restricted Encironmental Stimulation, pp. Research Article	USA USA	Float REST Float REST				
1993 1993 1993	McAlenay, P. & Barabasz, A. Mee, S.	Stress Management and Behavioral Medicine Program Utilizing Flotation REST and Biofeedback Effects of Flotation REST and Visual Imagery on Athletic Performance: Tennis A Neo-Dissociation Conceptualization of REST	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 79-86 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 1-16 Research Article	USA	Float REST Float REST Chamber REST				
1993	Ruzyla-Smith, P. & Barabasz, A. Steel, G.	Effects of Flotation REST on the Immune Response: T-Cells, B-Cells, Helper and Suppressor Cells Relaxed and Alert: Patterns of T-Wave Amplitude and Heart Rate in a REST Environment Stimulus and Theoretical Reductionism: What Underlies REST	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 223-238 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 249-260 Clinical and Experimental Restricted Clinical and Experimental Restricted	USA	Float REST				
1993 1993	Suedfeld, P. Suedfeld, P. Turner, J., DeLeon, A., Gibson, C., Fine, T.	Stimulus and Theoretical Reductionism: What Underlies REST Effects? Stimulus and Theoretical Reductionism: What Underlies REST Effects? Effects of Flotation REST on Range Motion, Grip Strength and Pain in Rheumatoid Arthritis	Environmental Stimulation: New Developments and Perspectives, pp. 3-9 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 3 - 9 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 8 Research Article Research Article	Canada Canada USA	Float REST, Chamber REST Float REST, Chamber REST Float REST				
1993	Turner, J., Fine, T. Turner, J., Gerard, W., Hyland, J., Nieland, P., Fine, T.	Pain in Rheumatoid Arthritis The Physiological Effects of Flotation REST Effects of Wet and Dry Floatation on Blood Pressure and Plasma Cortisol	297-306 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 215-222 Clinical and Experimental Restricted	USA	Float REST Float REST				
1993	Turner, J., Shroeder, H. & Fine ,T.H. Wagaman, J. & Barabasz, A.	A Method for Continuous Blood Sampling During Flotation REST Flotation REST and Imagery in the Improvement of Collegiate Athletic Performance: Basketball	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 261-267 Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 87-92 Research Article	USA	Float REST Float REST				
1993 1992 1992	Wickramasekera, I. Forgays, Donald G.; Forgays, Deborah K. Shurley, J. T.	A Model of the Common "Active Ingredient" in Stress Reduction Techniques Creativity Enhancement Through Floatation Isolation Sensory Deprivation and Sensory Isolation Research, and Political Torture: A 35-year Critical Retrospective	Clinical and Experimental Restricted Environmental Stimulation: New Developments and Perspectives, pp. 59-73 Journal of Environmental Psychology, Vol. 12, Iss. 4, pp. 329- 335 The Mosaic of Contemporary Psychiatry in Perspective, pp. 210-220 Research Article Research Article	USA USA	Float REST, Chamber REST Float REST Chamber REST				
1991 1991 1991	Forgays, D.G., Forgays, D.K., Pudvah, M., and Wright, D. Roy, C. Wagaman, J.D., Barabasz, A.F., Barabasz, M. Wallbaum, A.B., Rzewnicki, R., Steele, H., Suedfeld, P.	A Direct Comparison of the "Wet" and "Dry" Flotation Environments The Clinical Application of Restricted Environmental Stimulation Therapy (REST): Observations of a Psychiatrist Flotation Rest and Imagery in the Improvement of Collegiate Basketball Performance Progressive Muscle Relaxation and Restricted Environmental Stimulation Therapy for Chronic Tension Headache: A Pilot Study		USA UK USA Canada	Float REST, Dry Float REST Chamber REST Float REST Float REST				
1990 1990 1990	Adams, H.B. Baker, D.A. Barabasz M., O'Neill M. & Scoggin G. Barabasz, A.F., Barabasz, M.	The Incredible History of REST Technology The Use of REST in the Enhancement of Sports Performance-Tennis The Physiological Panic Button: New Data Effects of Chamber REST on Hypnotizability and Chronic Pain	Restricted Environmental Stimulation: Research and Commentary, pp. 11 -28 Restricted Environmental Stimulation: Research and Commentary, pp. 181-187 Restricted Environmental Stimulation: Research and Commentary, pp. 112-119 Restricted Environmental Stimulation: Research Article Research Article Research Article Research Article	USA USA USA	Chamber REST Float REST Chamber REST Chamber REST				
1990 1990 1990	Borrie, R.A. Borrie, R.A. Bross, M.	The Use of Restricted Environmental Stimulation Therapy in Treating Addictive Behaviors Development of the Guided Float: The Use of Ericksonian Hypnosis in Flotation REST A Cybernetic Model of Restricted Environmental Stimulation Effects	in Flotation REST, pp. 213-228 International Journal on Addiction, Vol. 25, Iss. 7A-8A, pp. 995-1015 Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 158-173 Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 24-44	USA USA	Float REST Float REST Float REST, Chamber REST				
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1990 1990 1990	Ewy, G., Sershon, P., Freundlich, T Fine, T.H. & Turner J.W. Goldstein, D.D. & Jessen, W.E. Grunberg,, N.E.	The Presence or Absence of Light in the REST Experience: Effects on Plasma Cortisol, Blood Pressure and Mood Restricted Environmental Stimulation: Research and Commentary Flotation Effect on Premenstrual Syndrome Potential Applications of Restricted Environmental Stimulus Therapy in Behavioral Health	Restricted Environmental Stimulation: Research and Commentary, pp. 120-133 IRIS Publication, Medical College of Ohio, Toledo, Ohio Restricted Environmental Stimulation: Research and Commentary, pp. 260-266 Restricted Environmental Stimulation: Research and Commentary, pp. 36-50 Research Article	USA USA USA	Float REST Float REST, Chamber REST Float REST Float REST, Chamber REST				
1990 1990 1990	Helmreich, R.L. Hunt, T. Jessen, W. E.	The Critical Role of Personality and Organizational Factors as Determinants of Reactions to Restricted and Stressful Environments Body-Centered Therapies: A Holographic Paradigm for Understanding REST In-tank Floatation Therapy	Restricted Environmental Stimulation: Research and Commentary pp. 51-61 Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 56-70 Restricted Environmental Stimulation: Research Article Research Article Research Article	USA USA	Long term isolation Chamber REST Float REST				
1990 1990 1990	Jessen, W. E. Kaplan, G. and Barabasz, A. Koula, G., Kemp, J., Keane, K., and Belden, A.	Specific Odors and Flotation Enhancing Hypnotizability: Differential Effects of Flotation REST and Progressive Muscle Relaxation Replication of a Clinical Outcome Study on a Hospital-Based Stress Management and Behavioral Medicine Program Utilizing Flotation REST and Biofeedback	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 134-135 Restricted Environmental Stimulation: Research and Commentary, pp. 229-244 Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 202-209 Research Article Research Article	USA USA	Float REST Float REST Float REST				
1990 1990 1990	Mahoney M.J. Malowitz, R., Tortora, T. & Lehmann, C.A. McAleney, P. J., Barabasz, A. & Barabasz, M. McGrady, A.	Applications of Flotation REST in Personal Development Effects of Floating in a Saturated Epsom Salts Solution Disinfected with Bromine on the Aerobic Microbial Flora of the Skin Effects of Flotation Restricted Environmental Stimulation on Intercollegiate Tennis Performance Psychophysiological Regulation of Blood Pressure	Restricted Environmental Stimulation: Research and Commentary, pp. 174-180 Restricted Environmental Stimulation: Research and Commentary, pp. 139-150 Perceptual and Motor Skills, Vol. 71, Iss. 3, pp.1023-1028 Restricted Environmental Stimulation: Research Article Research Article	USA USA	Float REST Float REST Float REST				
1990 1990 1990	Melchiori, L.G. & Barabasz, A.F. Mereday, C., Lehman, C. & Borrie, R. Metcalfe, J. & Suedfeld, P.	Effects of Flotation REST on Simulated Instrument Flight Performance Flotation For The Management of Rheumatoid Arthritis Enhancing the Creativity of Psychologists Through Flotation REST Effects of Restricted Environmental Stimulation on Inversion	Restricted Environmental Stimulation: Research and Commentary, pp. 196-203 Restricted Environmental Stimulation: Research and Commentary, pp. 255-259 Restricted Environmental Stimulation: Research Article Research Article Restricted Environmental Stimulation: Research and Commentary, pp. 204-212 Restricted Environmental Stimulation:	USA USA Canada	Float REST Float REST Float REST				
1990 1990 1990	Miller, M.F. & Barabasz, M. Norlander, T., Bergman, H. & Archer, T. O'Leary, D., Heilbronner, R. Pudvah, M.B. & Rzewnicki, R.	Perception Effects of Flotation REST on Creative Problem Solving and Originality Floatation REST and Information Processing: A Reaction-Time Study Six Months in the Tank: The Long-Term Effects of Flotation Isolation on State Anxiety, Hostility and Depression	Research and Commentary, pp. 86 - 93 Journal of Environmental Psychology, Iss. 18, pp. 399-408 Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 113-124 Restricted Environmental Stimulation: Research Article Research Article Research Article Research Article	USA Sweden USA Canada	Float REST Float REST Float REST Float REST				
1990 1990 1990	Ramirez, C.E., Suedfeld, P., Remick, R.A. & Fleming, J.A.E. Rzewnicki, R., Wallbaum, A.B.C., Steel, H. & Suedfeld, P. Suedfeld, P. Suedfeld, P.	Potential Beneficial Effect of REST on Patients with Electroconvulsive Therapy REST for Muscle Contraction Headaches: A Comparison of Two REST Environments Combined with Progressive Muscle Relaxation Training Distress, No Stress, Anti-Stress, Eustress: Where Does REST Fit In? Restricted Environmental Stimulation and Smoking Cessation: A	Research and Commentary pp. 2-9 The International Journal of the	Canada Canada Canada Canada	Chamber REST Float REST Float REST, Chamber REST Float REST, Chamber REST				
1990 1990 1990	Suedfeld, P. & Bruno, T. Suedfeld, P., Turner, J.W. & Fine, T.H. Suedfeld, P.; Mocellin, J.	15-Year Progress Report Flotation REST and Imagery in the Improvement of Athletic Performance Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST Levels of Sensation Seeking in Polar Groups	Journal of Sport and Exercise Psychology, Vol. 12, Iss. 1, pp. 87-92 Springer-Verlag, New York, New York Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 94-101 Research Article	Canada Canada Canada	Float REST Float REST, Chamber REST Long term isolation				
1990 1990 1990	Tikalsky, F.D. Turner J.W. & Fine T.H. Turner, J., Fine, T.	Restricted Environmental Stimulation, Relaxation Therapy, Social Support and Mental Imagery as a Treatment Regimen in Breast Cancer Hormonal Changes Associated with Restricted Environmental Stimulation Therapy Restricted Environmental Stimulation Influences Plasma Cortisol Levels and Their Variability Effects of Biobehaviorally Assisted Relaxation Therapy on Blood	Restricted Environmental Stimulation: Research and Commentary, pp 267-271 Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 71-92 Restricted Environmental Stimulation: Research Article Research Article Research Article Research Article	USA	Float REST, Chamber REST Float REST Float REST				
1990 1990 1989	Turner, J., Fine, T., McGrady, A., Higgins, J. Wickramsekera, I. Barabasz, A.F., Barabasz, M.	Pressure and Hormone Levels and Their Variation in Normotensives and Essential Hypertensives The Common Therapeautic Elements and Procedural Components in Self-Hypnosis and other Stress Reduction Techniques Effects of Restricted Environmental Stimulation: Enhancement of Hypnotizability for Experimental and Chronic Pain Control	Theoretical and Empirical Developments in Flotation REST, pp. 184-201 Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 42-55 International Journal of Clinical & Experimental Hypnosis: Vol. 37 Iss. 3, pp. 217-231 Research Article Research Article	USA	Float REST Chamber REST Chamber REST				
1989 1989 1988	Suedfeld, P., Ramirez, C.E., Remick, R.A., Fleming, J.A. Turner J., Fine T, Ewy G, Sershon P, Freundlich T. Adams, H. B. Cooper, G.D., Adams, H.B., &	Reduction of Post-ECT Memory Complaints through Brief, Partial Restricted Environmental Stimulation (REST) The Presence or Absence of Light During Flotation Restricted Environmental Stimulation: Effects on Plasma Cortisol, Blood Pressure, and Mood Studies in REST III: REST, Arousability and the Nature of Alcohol and Substance Abuse Studies in REST I: Reduced Environmental Stimulation Therapy	Psychiatry, Vol. 13, Iss. 5, pp. 693-700 Biofeedback and Self-Regulation, Vol. 14, Iss. 4, pp. 291-300 Journal of Substance Abuse Treatment, Vol. 5, pp. 77-81 Research Article Research Article	USA USA	Chamber REST Float REST Chamber REST				
1988 1987 1987 1987	Cooper, G.D., Adams, H.B., & Scott, J.C. Forgays, D.G. Lee, A. B. & Hewitt, J. Suedfed, P., Metcalfem J., Bluck, S. Suedfeld, P. & Baker Brown, G.	and Reduced Alcohol Consumption Flotation REST as a Smoking Intervention Using Visual Imagery in a Flotation Tank to Improve Gymnastic Performance and Reduce Physical Symptoms Enhancement of Scientific Creativity by Floatation REST (Restricted Environmental Stimulation Therapy) Restricted Environmental Stimulation Therapy of Smoking: A	Vol. 5, Iss. 2, pp. 61-68 Addictive Behaviors, Vol. 12, 1987, pp. 85-90 International Journal of Sport Psychology, Iss. 18, pp. 223-230 Journal of Environmental Psychology, Vol. 7, Iss. 3, pp. 219-231 Addictive Behaviors, Vol. 12, Iss. 3, pp. Research Article	USA USA Canada Canada	Chamber REST Float REST Float REST Float REST Chamber REST				
1987 1987 1986	Suedfeld, P., Metcalfe, J. & Bluck, S. Suedfeld, P.; Mocellin, J. Forgays, D. Belinson, M.	Parametric Study Enhancement of Scientific Creativity by Flotation REST (Restricted Environmental Stimulation Technique) The "Sensed Presence" in Unusual Environments Is Floatation Isolation a Relaxing Environment?	Journal of Environmental Psychology, Vol. 1987, Iss. 7, pp. 219-231 Environment and Behavior, Vol. 19, No. 1, pp. 33-52 Journal of Environmental Psychology, Vol. 6, Iss. 1, pp. 19-34 Imagination. Cognition and Personality,	Canada Canada USA	Float REST Isolation Float REST				
1986 1985 1985	Suedfeld, P., Ballard, E. J., Baker-Brown, G. & Borrie, R. A. Baker, D.A. Barabasz, A.F. & Barabasz, M. Fine T.& Turner J.W.	Flow of Consciousness in Restricted Environmental Stimulation The Effects of REST and Hemispheric Synchronization Compared to the Effects of REST and Guided Imagery on the Enhancement of Creativity in Problem-Solving Controlling Experimental and Situational Demand Variables in Restricted Environmental Stimulation Research The Effect of Flotation REST on EMG Biofeedback and Plasma Cortisol	Vol. 5, Iss. 3, pp. 219-230 2nd International Conference on REST, pp. 122-126 2nd International Conference on REST, pp. 110-121 2nd International Conference on REST. Personal Article	USA USA USA	Float REST, Chamber REST Float REST Chamber REST Float REST				
1985 1985 1985 1985	Fine, T.; Turner, J. Fine, T.H. & Turner J.W. Mahoney, M.J. Schwartz, G.	Cortisol Rest-assisted Relaxation and Chronic Pain 2nd International Conference on REST and Self-Regulation REST and Change: Reflections on Process Research Integrating Modern Physics, Psychobiology and REST: an Amusing Synthesis Derived from Systems Theory	pp.148-155 Health and Clinical Psychology IRIS Publication, Medical College of Ohio, Toledo, Ohio 2nd International Conference on REST, pp. 49-58 2nd International Conference on REST, pp. 22-48 Research Article Research Article Research Article Research Article	USA USA USA USA	Float REST Float REST Float REST, Chamber REST Chamber REST Chamber REST				
1985 1985 1984 1984	Stanley J., Mahoney M., & Repper S. Suedfeld, P. Delmonte, M.M. Jacobs, G., Stanley, J.M., Heilbronner, R.	REST and the Enhancement of Sports Performance: A Panel Presentation and Discussion REST Research: The Past Few Years & Perhaps the Next Few Psychological Responses During Meditation and REST The Effects of Short-Term Flotation REST on Relaxation: A Controlled Study	2nd International Conference on REST, pp.168-183 2nd International Conference on REST, pp.1 - 21 Biofeedback and Self-Regulation, Vol. 9 Iss. 2, pp. 181-200 Health Psychology, Vol. 3, Iss. 2, pp. 99-112 Research Article Research Article	USA Canada Ireland USA	Float REST Float REST, Chamber REST Chamber REST Float REST				
1984 1983 1983	Jacobs, G.D., Heilbronner, R.L., Stanley, J.M. Barabasz, Arreed E. Bross, M. Bruno, J. J., Heilbronner, R., Fine,	The Effects of Short Term Flotation REST on Relaxation: A Controlled Study Effects of Brief and Long Term REST on Conformity of Perception of Figure Inversion The Application of Sensory Restriction Techniques in the Studiy of Sensory Threshold Regulation The Use of Subjective Reports Rrom REST: Towards a	Health Psychol. Vol. 3, Iss. 2, pp. 99-112 Research Article 1 st International Conference on REST and Self Regulation, pp. 103-108 1st International Conference on REST and Self-Regulation, pp. 62-75 1st International Conference on REST and Research Article Research Article Research Article	USA USA USA	Float REST Chamber REST Float REST, Chamber REST Float REST, Chamber REST				
1983 1983 1983	T, H. & Turner, J. W. Budzynski, T.H. Cahn H. Cahn, H.	Developmental Systems Framework A Brain Lateralization Model for REST Sensory Isolation used with Cognition Modification Training to Restore Medically Declared Unfit Persons to Duty and Reduce Absenteeism in City of Phoenix Maintenance Workers A Novel Application of Sensory Isolation: Tank Training to Reduce Sickness Abstenteeism in City of Phoenix Employees	Self-regulation, pp. 123-135 1st International Conference on REST and Self-Regulation 1st International Conference on REST and Self-Regulation, pp.167-178 1st International Conference on REST and Self-Regulation, pp. 167-178 Research Article Research Article	USA USA	Chamber REST Float REST Float REST				
1983 1983 1983 1983	Deaton, J.E. Fine T. & Turner J.W. Fine, T.H. & Turner J.W. Francis W.D. & Stanley J.M.	Effectiveness of Isolation in the Reduction of Cigarette Smoking The Use of Restricted Environmental Stimulation Therapy (REST) in the Treatment of Essential Hypertension First International Conference on REST and Self-Regulation The Effects of Restricted Environmental Stimulation on Physiological and Cognitive Indices Naming an Unknown World: The Changes in Perceived Meaning	Military Medicine, Iss. 148, pp. 750-753 1st International Conference on REST and Self-Regulation, pp.136-143 IRIS Publication, Medical College of Ohio, Toledo, Ohio 1st International Conference on REST and Self-Regulation, pp.40-49 Research Article Book Research Article	USA USA USA	Chamber REST Float REST Float REST, Chamber REST Float REST, Chamber REST	_	_		
1983 1983 1983	Hunt, T. Hunt, T. & Poznak, J. Jacobs G.D., Kemp J.C., Keane K.M.& Belden A.D. Ramirez Monzon, C.	in Voluntary Subjects after Repeated Use of the "Isolation Tank" Flotation Environment REST in a Comprehensive Holistic Health Center Facility A Preliminary Clinical Outcome Study on a Hospital Based Stress Management Program Utilizing Flotation REST Biofeedback REST and Smoking Cessation in a Latin American Country	and Self-Regulation, pp.179-185 1st International Conference on REST and Self Regulation, pp. 152-166 Research Article	USA USA USA Columbia	Float REST Float REST, Chamber REST Float REST Chamber REST				
1983 1983 1983 1983	Suedfeld, P. Suedfeld, P. & Kristeller, J.L. Suedfeld, P., Ballard, E. J. and Murphy, M. Suedfeld, P., Schwartz, G.	Restricted Environmental Stimulation: Technique/Therapy/ Transcendence Stimulus Reduction as a Technique in Health Psychology Water Immersion and Flotation: From Stress Experiment to Stress Treatment Restricted Environmental Stimulation Therapy (REST) as a Treatment for Autistic Children Learning Studies for Higher Cognitive Levels in a Short-term	1st International Conference on REST and Self-Regulation, pp.1-16 Health Psychology, Iss. 1, pp. 337-357 Research Article Journal of Environmental Psychology, Iss. 3, pp. 147-155 Journal of Developmental & Behavioral Pediatrics, Iss. September 1st International Conference on REST Research Article	Canada Canada USA	Float REST, Chamber REST Chamber REST Float REST Chamber REST	_	_		
1983 1983 1983	Taylor, T. Taylor, T. Turner, J., Fine, T.	Sensory Isolation Environment The Effects of Flotation Restricted Environmental Stimulation Therapy on Learning: Subjective Evaluation and EEG Measurements Effects of Relaxation Associated with Brief Restricted Environmental Stimulation Therapy (REST) on Plasma Cortisol, ACTH, and LH Restricted Environmental Stimulation and the Enhancement of	and Self Regulation, pp. 76-85 1st International Conference on REST and Self-Regulation, pp. 76-85 Biofeedback Self Regulation, Vol. 8, Iss. 1, pp.115-126 International Journal of Clinical and	USA USA	Float REST Float REST Float REST				
1982 1982 1982	Barabasz, A. F. Fine, T.; Turner, J. Kristeller, J., Schwartz, G., Black, H. Suedfeld, P.	Hypnotizability: Pain, EEG Alpha, Skin Conductance and Temperature Responses The Effects of Brief Restricted Environmental Stimulation Therapy in the Treatment of Hypertension The Use of Restricted Environmental Stimulation Therapy (REST) in the Treatment of Essential Hypertension: Two Case Studies Behavioral Applications of the Restricted Environmental	Experimental Hypnosis, Vol. 30, pp. 147-166 Behavioral Therapist, Iss. 250, pp. 567-570 Behavior Research and Therapy, Vol. 20, Iss. 6, pp. 561-566 Social Psychology and Behavioral Research Article	USA USA Canada	Chamber REST Float REST Chamber REST Float REST, Chamber REST				
1982 1982 1981 1980	Suedfeld, P. Suedfeld, P., Roy, C., Landon, P.B. Hood, R.W. Jr., Morris, R.J. Adams, H. B.	Stimulation Technique Restricted Enviornmental Stimulation Therapy in the treatment of Essential Hypertension Sensory Isolation and the Differential Elicitation of Religious Imagery in Intrinsic and Extrinsic Persons Effects of Reduced Stimulation on Institutionalized Adult Patients	Medicine, pp. 393-412 Behavioral Research Therapy, Vol 20, Iss. 6, p. 553-559 Journal for the Scientific Study of Religion, Vol. 20, Iss. 3, pp. 261 - 273 Research Article	Canada Canada USA USA	Float REST, Chamber REST Float REST Chamber REST Chamber REST				
1980 1980 1980 1978	Borrie R.A., Suedfeld P. Suedfeld, P. Suedfeld, P. & Schwartz, G. Rank, D., Suedfeld, P.	Restricted Environmental Stimulation Therapy in a Weight Reduction Program Restricted Environmental Stimulation: Research and Clinical Applications Restricted Environmental Stimulation Therapy (REST) as a Treatment for Autistic Children Positive Reactions of Alcoholic Men to Sensory Deprivation	Journal of Behavioral Medicine, Vol, 3, Iss. 2, pp. 147-161 Wiley & sons, New York, New York Book Journal of Developmental and Behavioral Pediatrics, Vol. 4, Iss. 3, pp. 196-201 International Journal of the Addictions, Vol. 13, Iss. 5, pp. 807-815 Research Article	USA Canada Canada Canada	Chamber REST Float REST, Chamber REST Chamber REST Chamber REST				
1978 1978 1977 1977	Rank, D., Suedfeld, P. Welch, R.B. Best, J.A. Suedfeld, P., and Hare, R. Lloyd, A. and Shurley, J.	Positive Reactions of Alcoholic Men to Sensory Deprivation Perceptual Modification: Adapting to Altered Sensory Environments Satiation and Sensory Deprivation Combined in Smoking Therapy: Some Case Studies and Unexpected Side-Effects Sensory Deprivation in the Treatment of Snake Phobia: Behavioral, Self-report, and Physiological Effects The Effects of Sensory Perceptual Isolation on Single Motor Unit Conditioning		Canada USA Canada Canada USA	Chamber REST Chamber REST Chamber REST Chamber REST Float REST				
	Lloyd, A. and Shurley, J. Tetlock, P. E. and Suedfeld, P. Suedfeld, P. Suedfeld, P. Levin, J and Brody, N.		Canadian Journal of Behavioral Science, Iss. 8, pp. 324-333 American Scientist, Vol. 63, pp. 60-69 Canadian Psychological Review, Vol. 16, pp. 88-103 Psychological Reports, Vol. 35, Iss. 1, pp.	Canada Canada Canada USA	Float REST Chamber REST Chamber REST Chamber REST Chamber REST				
1974 1974 1972 1972	Suedfeld, P. Adams, H. B., Cooper, G. D., & Carrerra, R. N. Landon, P. B. & Suedfeld, P. Serafetinides, E.A., Shurley, J.T.,	Social Isolation: A Case for Interdisciplinary Research Individual Differences in Behavioral Reactions of Psychiatric Patients to Brief Partial Sensory Deprivation Complex Cognitive Performance and Sensory Deprivation: Completing the U-curve Electrophysiological Changes in Humans During Peceptual	Canadian Psychologist, Iss. 15, pp. 1-15 Perceptual and Motor Skills, Vol. 34, pp. 199-217 Perceptual and Motor Skills, Vol. 34, Iss. 2, pp. 601-602 Aerospace Medicine, Vol. 43, Iss. 4, pp. Page 27th Article	Canada USA Canada	Chamber REST Chamber REST Chamber REST				
1971 1971 1971 1970	Brooks, R. and Gideon, W.P. Shore, E. Suedfeld, P. Maier, W.J.	Isolation Sensory deprivation; Preconscious Processes and Scientific Thinking Evanescence of Sensory Deprivation Effects: A Comment on Oleson and Zubek's 'Effects of One Day of Sensory Deprivation' Sensory Deprivation Therapy of an Autistic Boy	American Journal of Orthopsychiatry, Vol. 41, Iss. 4, pp. 574-580. Perceptual and Motor Skills, Iss. 33, pp. 753-754 American Journal of Psychotherapy, Vol. 24, Iss. 2, pp. 228-245 Research Article Research Article Research Article	USA USA Canada USA	Chamber REST Chamber REST Chamber REST Chamber REST				
1970 1970 1969 1969	Oleson, D. S. and Zubek, J. P. Suedfeld, P. & Landon, P. B. Rossi, A. M., et al Schechter, M., Shurley, J., Toussieng, P., Maier, W.	The Effect on One Day of Sensory Deprivation on a Battery of Relatively Unstructured Cognitive Tests Motivational Arousal and Task Complexity: Support for a Model of Cognitive Change in Sensory Deprivation Operant Responding for Visual Stimuli during Sensory Deprivation: Effect of Meaningfulness Sensory Isolation Therapy of Autistic Children: A Preliminary Report	Perceptual and Motor Skills, Iss. 31, pp. g19-923 For Journal of Experimental Psychology, Vol. 83, Iss. 2 (Pt.1), pp. 329-330 Journal of Abnormal Psychology, Vol. 79, pp.188-193 The Journal fo Pediatrics, Vol. 74, Iss. 4, pp. 564-569 Research Article Research Article	USA Canada USA USA	Chamber REST Chamber REST Chamber REST Chamber REST				
1969 1969 1968 1968	Toussieng, P., Maier, W. Suedfeld, P. Zubek, J. Fuerst, K. and Zubek, J. P. Suedfeld, P.	Report Changes in Intellectual Performance and in Susceptibility to Influence Sensory Deprivation: Fifteen Years of Research Effects of Sensory and Perceptual Deprivation on a Battery of Open-Ended Cognitive Tasks The Cognitive Effects of Sensory Deprivation: the Role of Task Complexity	Sensory Deprivation: Fifteen Years of Research, pp. 126-166 Appleton-Century-Crofts, New York, New York Canadian Journal of Psychology, Vol. 22, pp. 122-130 Canadian Journal of Psychology, Vol. 22, Iss. 4, pp. 303-7 Research Article Research Article	Canada USA Canada Canada	Chamber REST Chamber REST Chamber REST Chamber REST Chamber REST				
1968 1966 1966 1965 1964	Suedfeld, P. Myers, T. I., Murphy, D. B., Smith, S. and Goffard, S. J. Shurley, J. T. Schultz, D. P. Adams, H. B.	the Role of Task Complexity Experimental Studies of Sensory Deprivation and Social Isolation Stress and Adaptation as Related to Sensory/Perceptual Isolation Research Sensory Restriction: Effects on Behavior Therapeutic Potentialities of Sensory Deprivation Procedures	Human Resources Research Office Technical Report No. 66-68 Military Medicine, March 1966 Academic Press, New York, New York International Mental Health Research Newspaper Vol. 6 Is. 4, pp. 7-9 Research Article Research Article Research Article Research Article	Canada Sweden USA USA USA	Chamber REST Chamber REST Chamber REST Chamber REST Chamber REST				
1964 1964 1963 1962	Suedfeld, P. Walters, C., Parsons, O. A. and Shurley, J. T. Hanna, I.D., Burns, N.M., Tiller, P.R. Walters, C., Shurley, J. T.	Birth Order of Volunteers for Sensory Deprivation Male-Female Differences in Underwater Sensory Isolation Behavioral and Physiological Response to Varying Periods of Sensory Deprivation Differences in Male and Female Responses to Underwater Sensory Deprivation: An Exploratory Study	Journal of Abnormal and Social Psychology, Vol. 68, Iss. 2, pp. 195-196 British Journal of Psychiatry, Iss.109, pp. 290-308 Air Crew Equipment Laboratory, U.S. Naval Air Material Center, Philadelphia, Bureau of Medicine, MR005, 13-066.6 Journal of Nervousness and Mental Research Article Research Article	Canada USA USA	Chamber REST Float REST Chamber REST Float REST				
1961 1960 1960	Solomon, P. et al. Lilly, J. and Shurley, J. Mendelson, J.; Jubzansky, P.E.; Liederman, P.H.; Wexler, D.; Dutoit D.; Soloman, P.	Sensory Deprivation: An Exploratory Study Sensory Deprivation: A Symposium Held at Harvard Medical School Experiments in Solitude, in Maximum Achievable Physical Isolation with Water Suspension, of Intact Healthy Persons Catecholamine Excretion and Behavior During Sensory Deprivation	Disease, Vol. 135, Iss. 4, pp. 302-310 Harvard University Press, Cambridge, Massachussetts Psychophysical Aspects of Space Flight, pp. 238-247 Archives of General Psychiatry, Vol. 1960, Iss. 116, pp. 883-888 American Journal of Psychiatry	USA USA	Chamber REST Float REST Chamber REST				
1960 1959 1959 1959	Shurley, J. T. Bruner, J. Freedman, S., Grunebaum, H., and Greenblatt, M. Grant, M.	Sensory Deprivation and Schizophrenia	American Journal of Psychiatry Vol. 117, Iss. 6, pp. 539-545 Psychosomatic Medicine, Vol. 21, Iss. 2, pp. 89-95 Brandeiss University Dissertation Journal of Mental Science, Vol. 105, pp. 235-237 Research Article	USA USA USA	Chamber REST Sensory Deprivation Sensory Deprivation Chamber REST				
1956 1954 Year	Lilly, J. Heron, W., W. H. Bexton, and D.O. Hebb Author	Mental Effects of Reduction of Ordinary Levels of Physical Stimul on Intact, Healthy Persons	230-231	USA Canada Country	Float REST Chamber REST Category				

	Sensory Isolation used with Cognition Modification Training to Restore Medically Declared Unfit Persons to Duty and Reduce Absenteeism in City of Phoenix Maintenance Workers	1st International Conference on REST and Self-regulation	1983	Presentation	USA	Float REST		
Bruno, J. J., Heilbronner, R., Fine, T, H. & Turner, J. W.	Maintenance Workers The Use of Subjective Reports from REST: Towards a Developmental Systems Framework		1983	Presentation Presentation	USA	Float REST Float REST, Chamber REST		
Cahn, H.	A Novel Application of Sensory Isolation: Tank Training to Reduce Sickness Absenteeism in City of Phoenix Employees	1st International Conference on REST and Self Regulation	1983	Presentation	USA	Float REST		
Barabasz, Arreed E.	Effects of Brief and Long Term REST on Conformity of Perception of Figure Inversion Learning Studies for Higher Cognitive Levels in a Short-term Sensory Isolation Environment	1st International Conference on REST and Self Regulation 1st International Conference on REST and Self Regulation	1983	Presentation Presentation	USA	Chamber REST Float REST		
Ramirez Monzon, C. Jacobs, G., Stanley, J.M.,	REST and Smoking Cessation in a Latin American Country The Effects of Short-Term Flotation REST on	1st International Conference on REST and Self Regulation 1st International Conference on REST and Self	1983	Presentation	Columbia	Chamber REST		
Heilbronner, R. Budzynski, T.H.	Relaxation: A Controlled Study A Brain Lateralization Model for REST	Regulation 1st International Conference on REST and Self-Regulation Self-Regulation	1983	Presentation Presentation	USA	Float REST Chamber REST		
Jacobs G.D., Kemp J.C., Keane K.M.& Belden A.D.	A Preliminary Clinical Outcome Study on a Hospital Based Stress Management Program Utilizing Flotation REST Biofeedback Floatation REST and Information Processing: A	1st International Conference on REST and Self-Regulation 1st International Conference on REST and	1983	Presentation	USA	Float REST		
O'Leary, D., Heilbronner, R.	Reaction-Time Study Hormonal Changes Associated with Restricted Environmental Stimulation Therapy	Self-Regulation 1st International Conference on REST and Self-Regulation Self-Regulation	1983 1983	Presentation Presentation	USA	Float REST		
	Naming an Unknown World: The Changes in Perceived Meaning in Voluntary Subjects after Repeated Use of the "Isolation Tank" Flotation	1st International Conference on REST and						
Hunt, T. & Poznak, J.	Environment REST in a Comprehensive Holistic Health Center Facility	Self-Regulation 1st International Conference on REST and Self-Regulation	1983	Presentation Presentation	USA	Float REST Float REST, Chamber REST		
Borrie, R.	Restricted Environmental Stimulation Therapy used in Weight Reduction Restricted Environmental Stimulation: Technique/ Therapy/Transcendence	1st International Conference on REST and Self-Regulation 1st International Conference on REST and Self-Regulation	1983	Presentation Presentation	USA Canada	Float REST, Chamber REST		
·	The Application of Sensory Trestriction Techniques in the Studiy of Sensory Threshold Regulation	1st International Conference on REST and Self-Regulation	1983	Presentation	USA	Float REST, Chamber REST		
Wickramsekera, I.	The Common Therapeautic Elements and Procedural Components in Self-Hypnosis and other Stress Reduction Techniques	1st International Conference on REST and Self-Regulation	1983	Presentation	USA	Chamber REST		
	The Effects of Flotation Restricted Environmental Stimulation Therapy on Learning: Subjective Evaluation and EEG Measurements	1st International Conference on REST and Self-Regulation	1983	Presentation	USA	Float REST		
Francis W.D. & Stanley J.M.	The Effects of Restricted Environmental Stimulation on Physiological and Cognitive Indices The Use of Restricted Environmental Stimulation	1st International Conference on REST and Self-Regulation	1983	Presentation	USA	Float REST, Chamber REST		
Fine T. & Turner J.W.	Therapy (REST) in the Treatment of Essential Hypertension Use of REST in a Private Practice, Utilizing a Flotation	1st International Conference on REST and Self-Regulation 1st International Conference on REST and	1983	Presentation	USA	Float REST		
Daniel, A. Borrie, R.	Tank Fibromyalgia and Float Tanks Floatation Therapy and PTSD	Self-Regulation 1st International Float Conference	1983 2012 2012	Presentation Presentation Presentation	USA USA USA	Float REST Float REST Float REST		
Borrie R.A.	Floating for Lucidity Toward Wider Clinical Use of Floation REST Floatation REST Therapy Results in Pain Relief and	2010 Flotation Summit in London, UK	2012 2010 2012	Presentation Presentation	USA	Float REST Float REST		
Bross, M.	A Cybernetic Model of Restricted Environmental Stimulation Effects	2012 Float Summit in Gothenburg, Sweden 2nd International Conference on REST	1985	Presentation Presentation	USA	Float REST, Chamber REST		
Hunt, T.	Body-Centered Therapies: A Holographic Paradigm for Understanding REST Controlling Experimental and Situational Demand Variables in Restricted Environmental Stimulation	2nd International Conference on REST	1985	Presentation	USA	Float REST, Chamber REST		
Barabasz, A.F. & Barabasz, M.	Research Effects of Biobehaviorally Assisted Relaxation Therapy on Blood Pressure and Hormone Levels and Their	2nd International Conference on REST	1985	Presentation	USA	Chamber REST		
Turner, J., Fine, T., McGrady, A., Higgins, J.	Variation in Normotensives and Essential Hypertensives	2nd International Conference on REST	1985	Presentation	USA	Float REST		
Schwartz, G.	Integrating Modern Physics, Psychobiology and REST: an Amusing Synthesis Derived from Systems Theory	2nd International Conference on REST	1985	Presentation	USA	Chamber REST		
Koula, G., Kemp, J., Keane, K.,	Replication of a Clinical Outcome Study on a Hospital- Based Stress Management and Behavioral Medicine Program Utilizing Flotation REST and Biofeedback	2nd International Conference on REST	1985	Presentation	USA	Float REST		
Adams, H. B., Cooper, G. D., &	REST and Change: Reflections on Process Research REST and reduced alcohol consumption	2nd International Conference on REST 2nd International Conference on REST	1985	Presentation Presentation	USA	Chamber REST Chamber REST		
Stanley J., Mahoney M., & Reppert S.	REST and the Enhancement of Sports Performance: A Panel Presentation and Discussion	2nd International Conference on REST	1985	Presentation	USA	Float REST		
Suedfeld, P.	Restricted Environmental Stimulation Therapy (REST)	2nd International Conference on REST	1985	Presentation Presentation	Canada	Float REST, Chamber REST Chamber REST		
Suedfeld, P.	as a Treatment for Autistic Children The Effect of Flotation REST on EMG Biofeedback	2nd International Conference on REST 2nd International Conference on REST	1985	Presentation Presentation	USA	Chamber REST Float REST		
	The Effects of REST and Hemispheric Synchronization Compared to the Effects of REST and Guided Imagery on the Enhancement of Creativity in Problem-Solving	2nd International Conference on REST	1985	Presentation	USA	Float REST		
Nierstedt, D.	Biofeedback and the Theta State Does Antarctic isolation (REST) Enhance Hypnotizability?	2nd International Float Conference	2013 2013	Presentation Presentation Presentation	USA USA	Float REST Float REST		
Feinstein, J. Suedfeld, P. Borrie, R.	Floating Away Anxiety Flotation REST in Integrative Behavorial Health Uses of Flotation REST	2nd International Float Conference 2nd International Float Conference 2nd International Float Conference	2013 2013 2013	Presentation Presentation Presentation	USA USA USA	Float REST Float REST Float REST		
Jessen, W. E.	In-tank Floatation Therapy Distress, No Stress, Anti-Stress, Eustress: Where Does REST Fit In?	3rd International Conference on REST 3rd International Conference on REST	1987 1987	Presentation Presentation	USA Canada	Float REST Float REST, Chamber REST		
	The Critical Role of Personality and Organizational Factors as Determinants of Reactions to Restricted and Stressful Environments	3rd International Conference on REST	1987	Presentation	USA	Long term isolation		
Coren, S., Suedfeld P.	Data vs Drama: Introductory Psychology Textbook's	3rd International Conference on REST 3rd International Conference on REST	1987	Presentation Presentation	USA	Float REST, Chamber REST		
Tikalsky, F.D.	Therapy, Social Support and Mental Imagery as a	3rd International Conference on REST 3rd International Conference on REST	1987 1987	Presentation Presentation	USA	Float REST, Chamber REST Chamber REST		
Barabasz M., O'Neill M. & Scoggin, G.	The Physiological Panic Button: New Data The Presence or Absence of Light in the REST	3rd International Conference on REST	1987	Presentation	USA	Chamber REST		
Ewy, G., Sershon, P., Freundlich, T.	Experience: Effects on Plasma Cortisol, Blood Pressure and Mood Effects of Floating in a Saturated Epsom Salts Solution	3rd International Conference on REST	1987	Presentation	USA	Float REST		
Lehmann, C.A.	Disinfected with Bromine on the Aerobic Microbial Flora of the Skin Applications of Flotation REST in Personal Development	3rd International Conference on REST 3rd International Conference on REST	1987	Presentation Presentation	USA	Float REST		
Baker, D.A.	The Use of REST in the Enhancement of Sports Performance-Tennis Potential Beneficial Effect of REST on Patients with	3rd International Conference on REST	1987	Presentation	USA	Float REST		
Remick, R.A. & Fleming, J.A.E.	Electroconvulsive Therapy Effects of Flotation REST on Simulated Instrument Flight Performance	3rd International Conference on REST 3rd International Conference on REST	1987	Presentation Presentation	Canada	Chamber REST Float REST		
Metcalfe, J. & Suedfeld, P.	Enhancing Hypnotizability: Differential Effects of	3rd International Conference on REST	1987	Presentation	Canada	Float REST		
Kaplan, G. and Barabasz, A.	Flotation REST and Progressive Muscle Relaxation	3rd International Conference on REST	1987	Presentation	USA	Float REST		
Rzewnicki, R., Wallbaum, A.B.C.,	REST for Muscle Contraction Headaches: A Comparison of Two REST Environments Combined with Progressive Muscle Relaxation Training	3rd International Conference on REST	1987	Presentation	Canada	Float REST		
R. Goldstein, D.D. & Jessen, W.E.	Flotation For The Management of Rheumatoid Arthritis Flotation Effect on Premenstrual Syndrome	3rd International Conference on REST	1987 1987	Presentation Presentation	USA	Float REST Float REST		
	Psychophysiological Regulation of Blood Pressure Potential Applications of Restricted Environmental	3rd International Conference on REST	1987	Presentation	USA	Float REST		
Turner, J., Fine, T.	r lacing contact Levels and men variability	3rd International Conference on REST 3rd International Conference on REST	1987	Presentation Presentation	USA	Float REST, Chamber REST Float REST		
Pudvah, M.B. & Rzewnicki, R.	Six Months in the Tank: The Long-Term Effects of Flotation Isolation on State Anxiety, Hostility and Depression Effects of Restricted Environmental Stimulation on	3rd International Conference on REST	1987	Presentation	Canada	Float REST		
Miller, M.F. & Barabasz, M.	Introducing the LIBR Float Clinic & Research Center	3rd International Conference on REST 3rd International Float Conference	1987	Presentation Presentation	USA	Float REST		
Fine, T.	Lineigo		2014 2014	Presentation Presentation	USA	Float REST Float REST		
Bross, M. Turner, J., Shroeder, H. &	A Cybernetic Model of Restricted Environmental Stimulation Effects A Method for Continuous Blood Sampling During Flotation REST	4th International Conference on REST 4th International Conference on REST	1990	Presentation Presentation	USA	Float REST, Chamber REST Float REST		
Wickramasekera, I.	A Model of the Common "Active Ingredient" in Stress	4th International Conference on REST 4th International Conference on REST	1990 1990	Presentation Presentation	USA	Float REST, Chamber REST Chamber REST		
Barabasz M., Barabasz A. F. & Dyer, R.	Chamber REST Reduces Alcohol Consumption: 3, 6, 12 and 24 Hour Sessions Differential Effects of Wet and Dry Flotation REST on	4th International Conference on REST	1990	Presentation	USA	Chamber REST		
Fine, T., Mills, D. Turner, J. Barabasz, A., Barabasz, M., Dyer, R. & Rather, N.	EEG Frequency and Amplitude. Effects of Chamber REST, Flotation REST and Relaxation on Transient Mood State	4th International Conference on REST 4th International Conference on REST	1990	Presentation Presentation	USA	Float REST, Dry Float REST Chamber REST		
McAlenay, P. & Barabasz, A. Turner, J., DeLeon, A., Gibson, C.,	Effects of Flotation REST and Visual Imagery on Athletic Performance: Tennis Effects of Flotation REST on Range Motion, Grip	4th International Conference on REST 4th International Conference on REST	1990	Presentation Presentation	USA	Float REST		
	Strength and Pain in Rheumatoid Arthritis Effects of Flotation REST on the Immune Response: T-Cells, B-Cells, Helper and Suppressor Cells	4th International Conference on REST	1990	Presentation	USA	Float REST		
Turner, J., Gerard, W., Hyland, J., Nieland, P., Fine, T.	Effects of Wet and Dry Floatation on Blood Pressure	4th International Conference on REST 4th International Conference on REST	1990 1990	Presentation Presentation	USA	Float REST Float REST		
	Flotation REST and Imagery in the Improvement of	4th International Conference on REST 4th International Conference on REST	1990	Presentation	USA	Float REST		
Friedman M.	Flotation REST, Physical Therapy and Psychological Intervention in the Treatment of Physical Disabilities Motivational Factors in Alcohol Consumption:	4th International Conference on REST	1990	Presentation	USA	Float REST Chamber REST		
DiRito, D. Crawford, H.	Extending Hull's Model Psychological Comparisons of REST and Hypnosis: Implications for FutureResearch	4th International Conference on REST 4th International Conference on REST	1990	Presentation Presentation	USA	Float REST, Chamber REST Float REST		
Steel, G. Harrison, J. & Barabasz, A.	REST as a Treatment for Children with Autism	4th International Conference on REST 4th International Conference on REST	1990 1990	Presentation Presentation	USA	Float REST Chamber REST		
Ballard, E.	REST in the Treatment of Persistent Psychophysiological Insomnia REST: A Key Facilitator in the Treatment of Eating Disorders	4th International Conference on REST 4th International Conference on REST	1990	Presentation Presentation	USA	Float REST Chamber REST		
Atkinson, R.	Short-Term Exposure to REST: Enhancement Performance on a Signal-Detection Task.	4th International Conference on REST	1990	Presentation	USA	Float REST		
	Slow REST or Fast Drugs: Meditation or Medication Stimulus and Theoretical Reductionism: What Underlies REST Effects?	4th International Conference on REST 4th International Conference on REST	1990	Presentation Presentation	USA Canada	Float REST, Chamber REST Float REST, Chamber REST		
	The Critical Role of Personality and Organizational Factors as Determinants of Reactions to Restricted and Stressful Environments	4th International Conference on REST	1990	Presentation	IISV	Long term isolation		
Jessen W.	The Effects of Consecutive Floats and their Timing on Premenstrual Syndrome	4th International Conference on REST	1990 1990	Presentation Presentation	USA USA	Long term isolation Float REST Float REST		
Barabasz, A.F. & Barabasz, M. Dyer, R., Barabasz, A. F. &	The Physiological Effects of Flotation REST Treatment of Trichotillomania and Smoking with Hypnosis and REST Twenty-Four Hours of Chamber REST Produces	4th International Conference on REST 4th International Conference on REST	1990	Presentation Presentation	USA	Float REST Chamber REST		
Barabasz, M. Simmons, K. Barabasz, A.	Specific Food Aversions in Obese Females An EPIC Float Dry Floatation Hypnosis for Pain Relief		1990 2015 2015	Presentation Presentation Presentation	USA USA USA	Chamber REST Float REST Dry Float REST		
Suedfeld, P. Feinstein, J.	Early and Recent Research on Flotation REST: The State of Our Knowledge Eternal Sunshine of a Floating Mind	4th International Float Conference	2015 2015 2015	Presentation Presentation	USA USA	Float REST Float REST		
Fine, T., Suedfield, P., Barabazs, A., Feinstein, J.	Float Research Panel Discussion Floating: A Form of Sensory Enhancement (not	4th International Float Conference	2015	Presentation Presentation	USA	Float REST, Chamber REST Float REST		
Khalsa, S. Malůš, M.	deprivation) New Perspectives in Chamber REST Research? (Dark Therapy)		2015	Presentation Presentation	USA	Chamber REST		
·	, , ,	5th International Conference on REST	1993	Presentation	USA	Float REST		
Summerson, M.	An Information Processing System Anology for Conceptualization of the Roles of Hypnosis and REST within the Neodissociation Theory of Divided Consciousness	5th International Conference on REST	1993	Presentation	USA	Float REST		
Suedfeld, P. Fine, T., Wegryn, J., Turner, J. Spence, N.	Convergent Multimodal Research in REST: Empirical Effect of Flotation REST on UVMA Effect of Subjects Expectancy on Arousal in REST	5th International Conference on REST 5th International Conference on REST 5th International Conference on REST	1993 1993 1993	Presentation Presentation Presentation	Canada USA USA	Float REST Float REST Float REST		
Barabasz, M., Pallavi, N. Atkinson, R. Barabasz, A., Suedfeld, P., Collier,	Effects of Dry Flotation REST on Transient Mood Enhanced Information Extraction in Hypnotically- Enhancing Perceptual-Motor Accuracy Through	5th International Conference on REST 5th International Conference on REST 5th International Conference on REST	1993 1993 1993	Presentation Presentation Presentation	USA USA USA	Dry Float REST Float REST, Chamber REST Float REST		
Ruzyla-Smith, P., Barabasz, A., Barabasz, M., Raab, J., Gruezeller,	Improvement in the Right Hemispheric Functions after	5th International Conference on REST	1993 1993 1993 1993	Presentation Presentation Presentation Presentation	USA USA USA USA	Float REST Float REST Float REST Float REST Float REST, Chamber REST		
Furner, J., Dewerth, M., Fine, T., Coren, S., Suedfeld, P.	Restricted Environmental Stimulation Increases	5th International Conference on REST 5th International Conference on REST 5th International Float Conference	1993 1993 2016	Presentation Presentation Presentation Presentation	USA Canada USA	Float REST Float REST, Chamber REST Float REST		
Khalsa, S. Gil-da-Costa, R. Wohlrab, C.	Floating and Interoception Investigating the Neural Correlates of Interoception, Measuring the Physiological Effects of Floating	5th International Float Conference 5th International Float Conference 5th International Float Conference	2016 2016 2016	Presentation Presentation Presentation	USA USA USA	Float REST Float REST Float REST		
Suedfeld, P. Justice, T.; Barabasz, A.; and Fine, T. and Borrie, R.	The effects of stimulus reduction on creativity Effects of Six Hours of Lighted and Light-Free Dry Flotation REST in Applied Psychophysiology	5th International Float Conference 6th International Conference on REST 6th International Conference on REST	2016 1997 1997	Presentation Presentation Presentation	USA USA USA	Float REST Dry Float REST Float REST		
Turner J.W. Jr., Fine T. & Hamad Steele, G. Barabasz M. & Barabasz A.	Plasma Catecholamine Activity During Flotation REST REST as a Capsule Experience: Implications for REST Effects on Human Performance	6th International Conference on REST 6th International Conference on REST 6th International Conference on REST	1997 1997 1997	Presentation Presentation Presentation	USA USA USA	Float REST Float REST Chamber REST		
Borrie, R.A. Vartarian O.A.	Restricted Environmental Stimulation Therapy (REST) The Benefits of Flotation REST (Restricted The Effects of Flotation REST on Musical Creativity Treatment of Psychosomatic Illnesses Through Mental	6th International Conference on REST 6th International Conference on REST	1997 1997 1997 1997	Presentation Presentation Presentation Presentation	USA USA Canada Switzerland	Float REST Float REST Float REST Float REST		
Caldwell, L. Mangine, B.	Treatment of Psychosomatic Illnesses Through Mental Acute Flotation Therapy and the Stress Response: Utilization of Sensor and Biomarker Systems to EEG and Subjective Correlates of Alpha Frequency	6th International Float Conference	1997 2017 2017 1997	Presentation Presentation Presentation Presentation	USA USA USA USA	Float REST Float REST Float REST Audio Therapy		
McCormick, B., Shafransky, D., D'Toole P. & Barabasz M. Adams, H. B. Robertson, M. H.,	Effects of Floatation REST on Serum Cortisol in Effects of Rational Emotive Therapy and REST on Facilitating Therapeutic Personality Change in Patients	6th International REST Conference 6th International REST Conference Paper presented at the International Congress	1997 1997 1963	Presentation Presentation Presentation	USA USA USA	Float REST Float REST Chamber REST		
Cohen, S., Silverman, A., Bressler, Goldberger, L. and Holt, R. Azima, H., Vispo, R.; Azima, F.J.	Problems in Isolation Studies Experimental Interference with Reality Contact: Observations of Anaclitic Therapy During Sensory	Sensory Deprivation: A Symposium Held at Sensory Deprivation: A Symposium Held at Sensory Deprivation: A Symposium Held at	1958 1958 1958	Presentation Presentation Presentation	USA USA USA	Sensory Deprivation Chamber REST Chamber REST		
indsley, D.	Sensory Deprivation in Aviation Common Factors in Sensory Deprivation, Sensory The Cognitive Consequences of Early Sensory Theoretical Aspects of Sensory Deprivation	Sensory Deprivation: A Symposium Held at	1958 1958 1958 1958	Presentation Presentation Presentation Presentation	USA USA USA	Sensory Deprivation Sensory Deprivation Sensory Deprivation Sensory Deprivation		
	Theoretical Aspects of Sensory Deprivation Sensory Deprivation: An Overview Excessive Arousal Effects of Stimulation after Early The Effect of Human Isolation upon Some Perceptual	Sensory Deprivation: A Symposium Held at	1958 1958 1958 1958	Presentation Presentation Presentation Presentation	USA USA USA USA	Sensory Deprivation Sensory Deprivation Sensory Deprivation Chamber REST		
Kubie, L. Kubzansky, P. and Leiderman, P. Reisen, A. /ernon, J., McGill, T., Gulick, W.,			1958	Presentation	USA	Sensory Deprivation		
Kubie, L. Kubzansky, P. and Leiderman, P. Reisen, A. Vernon, J., McGill, T., Gulick, W., Freedman, S., Grunebaum, H., and Heron, W. Ruff, G., Levy, E., Thaler, V.	Perceptual and Cognitive Changes in Sensory Cognitive and Psychological Effects of Perceptual Factors Influencing the Reaction to Reduced Sensory		1958 1958	Presentation Presentation	USA USA	Chamber REST Chamber REST		
Kubie, L. Kubzansky, P. and Leiderman, P. Reisen, A. Vernon, J., McGill, T., Gulick, W., Freedman, S., Grunebaum, H., and Heron, W. Ruff, G., Levy, E., Thaler, V. Mendelson, J., Kubzansky, P.,	Perceptual and Cognitive Changes in Sensory Cognitive and Psychological Effects of Perceptual Factors Influencing the Reaction to Reduced Sensory Physiological and Psychological Aspects of Sensory	Sensory Deprivation: A Symposium Held at Sensory Deprivation: A Symposium Held at Sensory Deprivation: A Symposium Held at	1958					